

# Vitality Energizing Essential Oil

Awaken your senses, spark your creativity, and enliven your day with this spicy, citrusy blend of stimulating exotic oils that include Neroli, Geranium, Lemon Balm, Mandarin Orange, and Spearmint. Add a few drops to your shower gel, conditioner, massage oil, lotion, or cream to help increase energy and create a sense of positivity.

## Mind & Mood Benefits - Highlights

**Neroli:** stabilizes the emotions and inspires confidence **Geranium:** helps release negative energy, uplifts, and promotes hope and comfort

Lemon Balm: boosts alertness and helps sharpen memory

Spearmint: uplifts, inspires, and energizes

Tangerine: calms anxiety, promotes happiness

Sweet Orange: enhances alertness and balances mood

Lavender: soothes, steadies the mind, and improves focus and concentration

Matricaria: dispels anger and stabilizes emotions

Lemon: promotes clarity, concentration, and positivity



#### **Directions:**

Add a few drops to your shower gel, conditioner, massage oil, lotion, or cream to help increase energy and create a sense of positivity.

 $0.3 \, \mathrm{oz}$ 

# **Top Shelf Ingredients**



### **Ingredient Library**

Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Limon (Lemon) Peel Oil, Melissa Officinalis (Lemon Balm) Leaf Extract, Mentha Viridis (Spearmint) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium Amara (Neroli) Flower Oil, Citrus Reticulata (Tangerine) Leaf Oil, Pelargonium Graveolens (Geranium) Oil, Chamomilla Recutita (Matricaria) Flower Oil.

Caution: Avoid contact with eyes. Do not apply directly onto skin. Discontinue use if irritation occurs. Consult your doctor when using essential oils while pregnant or breastfeeding. Store at room temperature, away from heat or flames. Keep out of reach of children.